



U14 Weekly Update November 15th

Hi All,

Only a few days until we leave for our pre-season camp! The good news is we will be on snow in no time; the less great news is Sun Peaks doesn't have a huge snow base.

1. Our first block will now be **SLALOM**. We will start a GS block as soon as space permits.
2. Please consider sending your athlete with **last year's skis** to limit potential damage to new skis.

All athletes attending should be preparing the following:

- Tuning SL and GS skis so they are ready to go! You may leave travel wax that we can scrape upon our arrival. Athletes will not need all-mountain skis.
- Pack your skis with a minimum of 2 ski straps, and ideally in a ski bag.
- Be mindful of space when packing – it will be a full bus!
- Pack lunch & snacks for the travel day to Sun Peaks. We may not be stopping along the way.
- Bring something to stay occupied on the bus – music, cards, a book, homework, games.
- Remember to pack your skates.
- Bring some money for incidentals and skate rental if you do not own skates.
- Ensure your child has downloaded WhatsApp and created an account if they own a phone.

I will keep you up to date on our travel this Friday via the U14 Coach Update WhatsApp group.

Look for the *Action Items* below!

Races, Events and Links

Sun Peaks Pre-Season Camp ***action***

All details for our pre-season camp have been sent out last week. If you haven't received the email, you can find the info under [U14 > Documents > U14 Sun Peaks – Camp Details](#).

Please [fill out this waiver](#) for the skating activity and email it back to me as soon as possible.

Some of you have suggested packing card games or board games to help with keeping the kids off their screens – if you have space to pack these, I highly recommend it!

Big White SX Expression of Interest | March 7th – 10th ***action***

The Big White Ski Cross event was a popular one last season. The U14 spaces are limited, so please mark your child's attendance on Team Pages if you think your child will be attending. This will secure their entry and we will send a separate registration link. Note that I will not secure entry for athletes who haven't marked their attendance.

Team Pages > Programs > U14 Programs > Calendar > Find the event > Mark their attendance.

EVENT INFORMATION ADD EDIT CANCEL/POSTPONE EVENT

Other - U14 Big White Ski Cross

Date: All day, Thursday, March 7, 2024 to Sunday, March 10, 2024

Location: Big White Ski Resort
Street: 5315 Big White Rd, Kelowna, BC V1P 1P3
City/Town: Kelowna, British Columbia

Players **Coaches** **Parents**

	Attending	Not Attending	No Response
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Communication

WhatsApp Groups

Please join the two U14 WhatsApp Groups:

- [U14 Coach Updates 2023/24](#) – for quick updates, important reminders, or schedule changes. This is for coaches to communicate with all parents.
- [U14 Parent Group Chat](#) – a space to ask questions or share information amongst parents. This is for parents to communicate amongst parents, coaches will not be active on this chat.



How to reach me?

You can reach me via email at chloe@wmisc.info (preference) or WhatsApp direct message at (343) 204-2243 for more time-sensitive communication. Please avoid using iMessages/text messages.

Resources

All events, training sessions, camps and races will be posted on the Team Pages Calendar that you will find under [Programs > U14 > Calendar](#). All important documents, including a 23-24 Fridge Calendar, can be found under [Program > U14 > Documents](#).

Sidecut Tuning Discount

As a WMSC member, you can receive discounts on tuning equipment. Click [here](#) for video instructions on how to create your personal account OR go to www.sidecut.com and click on Pro Signup at the bottom of the home page, using the code CHGOLD.

Important Dates

- Nov 17th-26th | U14 Pre-Season Camp in Sun Peaks
- Nov 6th and 7th | Officials Level 3 Course
- Dec 7th | On-Snow Training Kick-Off

Thank you!

Chloé Sigouin

WMSC U14 – Lead Coach

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(343) 204-2243