



FIS Update April 18th, 2024

Hello FIS Team,

Here we are the night before our last FIS race of this year's racing calendar. It has been a great season and we are all looking forward to 1 last great day on snow!

A Look Back at Last Week

This year we have all dealt with some difficult conditions for varying reasons throughout the year. I was very optimistic hoping this series would be the anomaly and unfortunately, I was wrong... We were very lucky to get 2 good SL race days in. We raced our first day on Mapmaker which is a pretty gentle hill perfect for a Spring Series. On day 2 we raced on Whoop Up which has a lot more terrain and a good pitch on it. Both days was filled with sunshine and smiles for the most part. As the 2nd SL race finished the weather rolled in giving us too much snow to race on the first GS race day followed by a very poor and unsafe surface forcing the ROC to cancel our 2nd day of GS racing. With colder conditions through the night we woke up to a good surface to race GS on Mapmaker for our 1st Spring Series GS. We saw some good skiing and to our surprise we were able to get all 4 runs off with safe and fair conditions for all!

A Look Ahead at The Upcoming Week

Looking ahead we have our final race of this season tomorrow. We will be racing GS on Mapmaker, same as today. We are expecting cold temperature over night which will help the race hill continue to get harder, hopefully giving us an even better surface for tomorrow's races! We will race tomorrow and return to Canmore for the night so we can pack and get ready to leave the following morning. We will look to leave around 6am Saturday morning to head home. We will be driving directly to the WMSC hoping to arrive around 4:30pm to unload. If all goes well we hope to be home early enough to unload and get ready to go to the WMSC awards banquet which starts at 6pm Saturday night and will be held at the local high school.



Following the club's award banquet on Sunday, the FIS program will take part in the club's final day of the year where everyone dresses up in costume for a scavenger hunt among some other activities. This is a great

opportunity for our athletes to lean into their leadership roles within the club to partner with younger athletes and lead them on a final fun day wrapping up a great year.

Looking even further ahead the FIS program will hold 2 on snow May camp projects where we will start our fundamental work for next season. This is a great opportunity to get on snow, slow it down and not have to leave home!!! I encourage everyone to consider enrolling for these two projects, one will be a GS fundamental camp and the second will be a SL fundamentals camp.

We will keep everyone updated on our way home with our WhatsApp group chat and look forward to seeing everyone at the BBQ on Saturday night!

If you have any questions or concerns, please feel free to reach out to me.

Sincerely,

Brad Eades

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"The ability to conquer one's self is no doubt the most precious of all things that sports bestows." —Olga Korbut



